

16th Annual Mt. Adams Country Bicycle Tour

Save with pre-registration — Highly Recommended!

Register On-Line: www.troutlakewashington.com

Registration Fees:

- 11.5 mile Family Fun Ride: \$10 before & on day of ride
Does not include T-shirt or post-ride meal (optional extras)
- 51, 54, or 105 mile Loops:
Pre-registered before June 1: \$55 After June 1: \$65
Register on day of ride: \$75
Includes T-shirt and post-ride meal
Optional box lunch available for 105-mile: \$10 extra
- Additional T-shirts: \$10 each
- Additional post-ride meals: Child (10 & under): \$10 Adult: \$15

Rider #1 Name: _____

- 11.5 Family Fun Ride... \$10
- 51 TL-BZ-G'd 54 Forest 105 Inf. \$55 \$65 \$75
- Adult T-Shirt Size: S M L XL XXL
- Meal: Meat Veggie

Rider #2 Name: _____

- 11.5 Family Fun Ride... \$10
- 51 TL-BZ-G'd 54 Forest 105 Inf. \$55 \$65 \$75
- Adult T-Shirt Size: S M L XL XXL
- Meal: Meat Veggie

Rider #3 Name: _____

- 11.5 Family Fun Ride... \$10
- 51 TL-BZ-G'd 54 Forest 105 Inf. \$55 \$65 \$75
- Adult T-Shirt Size: S M L XL XXL
- Meal: Meat Veggie

Rider #4 Name: _____

- 11.5 Family Fun Ride... \$10
- 51 TL-BZ-G'd 54 Forest 105 Inf. \$55 \$65 \$75
- Adult T-Shirt Size: S M L XL XXL
- Meal: Meat Veggie

Additional T-Shirt(s) ___ x \$10 = \$ ___

T-Shirt Size(s): Qty: ___ S ___ M ___ L ___ XL ___ XXL

Child ___ S(6-8) ___ M(10-12) ___ L(14-16)

Added Meal(s) ___ \$10(Child,10/under) ___ \$15(Adult) Tot \$ ___

TOTAL AMOUNT PAYABLE: \$ _____

PAYMENT METHOD (check one):

Visa MasterCard Check

Credit Card Number: _____

Expiration Date: ___ / ___ (mm/yy)

Cardholder Signature: _____

Print Name on Card: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Daytime phone (required): _____

Email: _____

Mail payment and this form payable to:

Trout Lake Area Business Association
PO Box 394
Trout Lake, WA 98650

Credit card charges will appear on your statement as
Riverview Bank Charity.

Mt. Adams Country Bicycle Tour is a nonprofit event planned, promoted, staffed, and funded by the Trout Lake Area Business Association.

Mt. Adams Country Bicycle Tour
PO Box 394, Trout Lake, WA 98650



SEVENTENTH ANNUAL

Trout Lake, Washington

MOUNT ADAMS COUNTRY BICYCLE TOUR

SATURDAY
JUNE 29, 2019

You choose the distance:

11.5 Miles

51 Miles

54 Miles

105 Miles

www.troutlakewashington.com
TroutLakeBikeTour@gmail.com

Ride proceeds go to local non-profit and
community service groups

Welcome to the 16th Annual Mt. Adams Country Bicycle Tour Saturday, June 30, 2018

11.5 MILE FAMILY FUN RIDE (White Loop) ★★★★★

The not-too-demanding Fun Ride loop circles the beautiful Trout Lake Valley with panoramic views of Mt. Adams and Mt. Hood. All but one mile of this route is on country roads with minimal traffic.

Check-in/Registration Time: 9:00am to 11:00am

51 MILE TL-BZ-GLENWOOD LOOP (Red Loop) ○○○○

This loop takes you south to BZ Corner, where you make a left turn and climb for 6.5 miles through spectacular rural and farmland scenery. You pass by Conboy Lake Wildlife Refuge with many glimpses of Mt. Adams and may see elk, deer and birds indigenous to the area. The route then circles back through pine forest and back into the Trout Lake Valley. 51 miles and total 2,700' elevation gain.

Check-in/Registration Time: 7:30am to 10:00am

54 MILE FOREST LOOP (Green Loop) ★★★★★

From Trout Lake, climb 14.5 miles (2,000' gain), including a short 10% incline and then a long ride down, with waterfalls, creeks, eagles and all the majesty this special country provides. From there, a 10 mile climb up to Big Tire Junction and then on to a downhill you will never forget, back to Trout Lake, (3,800' gain).

Check-in/Registration Time: 7:30am to 10:00am

105 MILE INFINITY LOOP (Red & Green Loops)

Begin with the TL-BZ-Glenwood (Red) Loop. Then stop at Heavenly Grounds on the east side of the gas station for an optional box lunch (if you pre-ordered one) before continuing on the Forest (Green) Loop to complete your 105 mile ride. Total 6,500' elevation gain.

Check-in/Registration Time: 7:00am to 10:00am

Note to All Riders: Please allow time to complete the ride by 4:30pm to be in time for the Post Ride Meal.

Meals served from 12:00 to 5:00 pm.

Tour Check-In/Registration Site Location: All ride registration, starts and finishes are located at the Trout Lake School (see map).

Required Equipment: Cycling helmet which meets ANSI safety standards.

Recommended Equipment: Cycling mirror, sunglasses and sunscreen.

Restrooms & Refreshments: Available at all rest stops and start/finish line.

Note: Routes subject to change.
Check www.troutlakewashington.com for updates.

We Recommend: Of course, there will be sagwagon support, but riders should have their machines in good repair, and be physically trained sufficiently for the ride.

We Also Recommend: Carry identification, a spare tube, patch kit, tire irons, pump, water bottle, and some extra money.

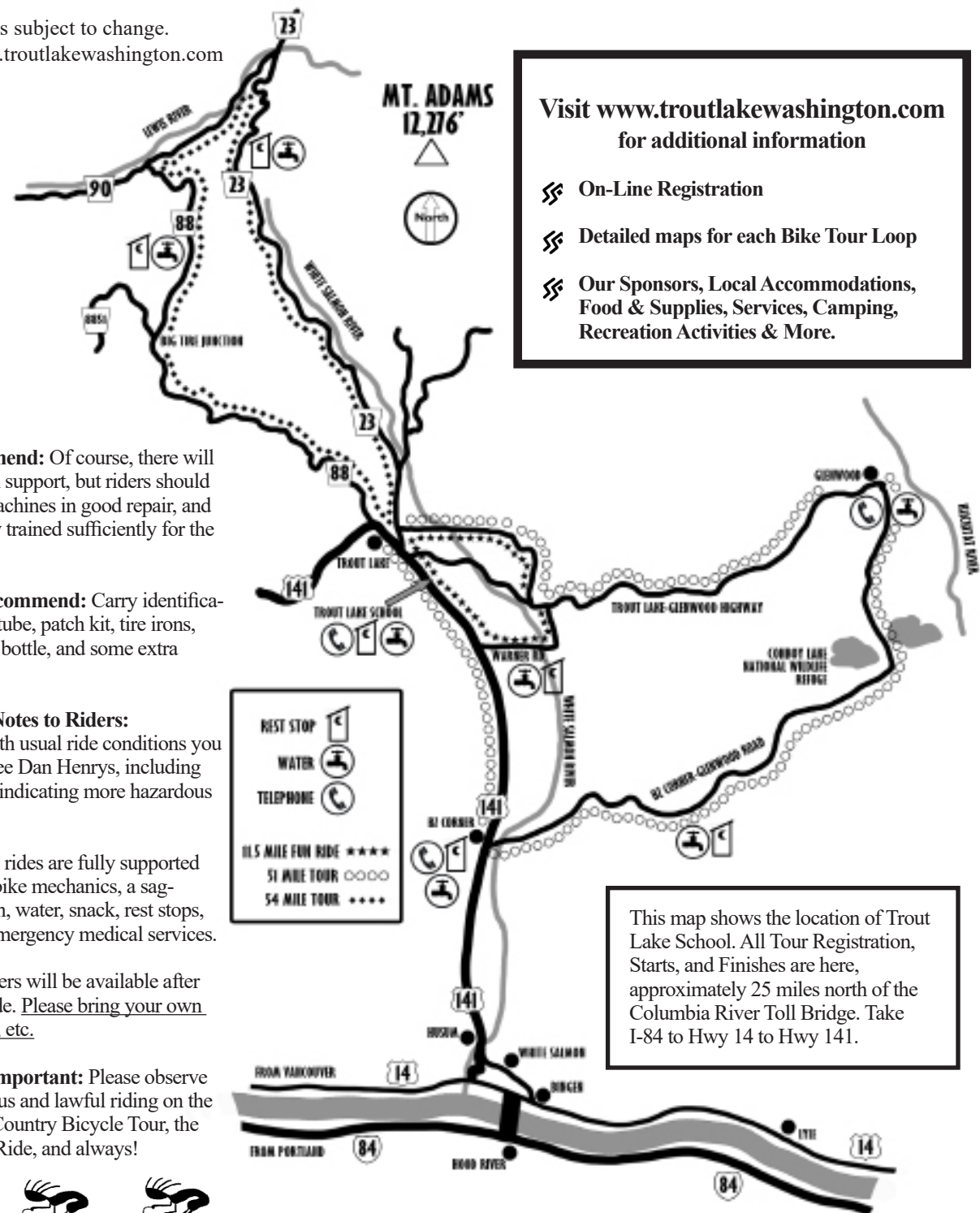
Important Notes to Riders:

As with usual ride conditions you will see Dan Henrys, including those indicating more hazardous areas.

These rides are fully supported with bike mechanics, a sagwagon, water, snack, rest stops, and emergency medical services.

Showers will be available after the ride. Please bring your own towel, etc.

And Most Important: Please observe safe, courteous and lawful riding on the Mt. Adams Country Bicycle Tour, the Family Fun Ride, and always!



Visit www.troutlakewashington.com for additional information

On-Line Registration

Detailed maps for each Bike Tour Loop

Our Sponsors, Local Accommodations, Food & Supplies, Services, Camping, Recreation Activities & More.

This map shows the location of Trout Lake School. All Tour Registration, Starts, and Finishes are here, approximately 25 miles north of the Columbia River Toll Bridge. Take I-84 to Hwy 14 to Hwy 141.