

Trout Lake Area Business Association

February 2, 2018

For Immediate Release:

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16th Annual Mt. Adams Country Bicycle Tour – Saturday June 30, 2018

The southern slopes of Mt. Adams in June are a bicyclist's paradise with good roads, exceptional weather, cool temps, easy to challenging rides and unequalled vistas against the glorious snow clad backdrop of magnificent Mt Adams. The Mt Adams Country Bicycle Tour is the perfect way to enjoy and explore this spectacular sun-drenched area and awesome views with your fellow riders in the fresh mountain air.

The 16th Annual Mt. Adams Country Tour (MACBT) promises to be better than ever. You can choose from the 11.5/ mile Family Fun Ride (Trout Lake Valley) , the 51 Mile Loop through Trout Lake, BZ Corner, Glenwood, and back, the 54 Mile Forest Loop (up and down the flanks of Mt Adams) and the combined 105 Mile Infinity Ride (55 + 54 mile loops). Each well-marked ride takes you on quiet country roads through some of the most beautiful countryside around.

The rides are fully safety-supported with sag wagons, emergency teams, radio coverage, snacks/rest stops, optional box lunch and post-ride meals. And we've lowered the price on the Family Fun Ride so more families can afford to participate, and added more options for meals and T-shirts.

11.5 MILE FAMILY FUN RIDE - This non-demanding Fun Ride Loop circles the beautiful Trout Lake Valley with panoramic views of Mt. Adams and Mt. Hood. Check-In/Registration Time: 10:00am to 12:00pm

51 MILE TL-BZ-GLENWOOD LOOP - This loop takes you south to BZ Corner then northeast with a gradual 6.5 mile climb toward Glenwood, passing through spectacular rural and farmland scenery, passing Conboy Lake Wildlife Refuge with glimpses of Mt. Adams and possible sightings of elk, deer and migratory birds, then circling through pine forest back into the Trout Lake Valley. 2,700' total elevation gain. Check-In/Registration Time: 7:30 am to 11:00am

54 MILE FOREST LOOP - Start with a challenging 14.5 mill climb (2,000' gain), including a short 10% incline, then a long downhill ride with waterfalls, creeks, eagles and all the majesty this special country provides. From there a 10 mile climb up to Big Tire Junction and then a downhill ride you'll never forget takes you back to Trout Lake. 3,800' total elevation gain. Check-In/Registration Time: 7:30am to 10:00am

105 MILE INFINITY RIDE - Begin with the TL-BZ-Glenwood Loop. Then stop at Heavenly Grounds in Trout Lake for lunch before continuing on the Forest Loop to complete your 105 mile ride. Post-ride meal and T-shirt included. A box lunch is available to purchase. Total 6,500' elevation gain. Check-In/Registration Time: 7:00am to 10:00am

Ride fees: **11.5 mile Family Fun Ride** - \$10 (does not include T-shirt or meal)
 51, 54 or 105 mile rides - \$55 by June 1st, \$65 after June 1st, \$75 day of ride
 Includes T-shirt & post-ride meal. Optional box lunch available for the 105 mile ride: \$10
 Additional - Ride T-Shirts: \$10 each. Post Ride Meals: adult \$15, child 10 and under \$10.
 Registration, more information and route maps - Online at
 <http://troutlakewashington.com/mt-adams-bicycle-tour/>

Mt Adams Country Bicycle Tour is the major fund raising event organized by the non-profit Trout Lake Area Business Association to help support community charity and service groups. Over the past 15 years we raised over \$10,000 to help school programs, area fire departments, the local grange, etc. With your help we hope to do even better this year! For more information please e-mail TroutLakeBikeTour@gmail.com