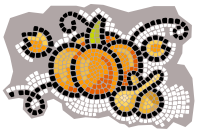
TROUT LAKE CSA

COMMUNITY SUPPORTED AGRICULTURE



VEGETABLE FARM

WANT LOCALLY GROWN ORGANIC VEGETABLES?

Farm Memberships Now Available For 2012

Paid Membership Receive a box of fresh produce at the Farm Wednesday each week from mid June to early October depending on what is ready to harvest. Typical box size is 15+ pounds mid season (less early season and more near the end). Cost is $380 for the 2012 growing season. (that's less than $1.20 per pound for organic produce you don't have to drive to Hood River to get)

WHAT IS TROUT LAKE CSA?

CSA stands for Community Supported Agriculture. Trout Lake CSA is small local farm that provides organic produce to its pre-paid and working members. Abundance is shared with the community via U-pick opportunities, fundraisers and food bank donations. The CSA farm concept came into being several decades ago as an effort by communities to bring back the small, local family farms which had been lost during the corporate farm movement.

The Trout Lake CSA has the following objectives:

- **DIRECT CONNECTION TO OUR FOOD**. The farm grows a variety of vegetables for community members who want to support the local economy and value knowing how, where, and by whom their food is grown.
- **RELATIONSHIP WITH THE COMMUNITY**. The farm contributes to the sustainability of the community and the community contributes to the sustainability of the farm. The farm creates a variety of food opportunities for local families and seeks to create education and work opportunities.
- **SCHOOL PROGRAMS**. This year Trout Lake CSA continues to work with the Trout Lake school, and other community groups to develop a school curriculum that will provide students with the chance to learn about growing vegetables and develop life long healthy eating habits. This year we are giving two high school students and one graduate the opportunity for a paid summer internship to learn about growing vegetables and the business of farming.

Call John Shuman for an application or more info 395-9339

Email: TroutLakeCSA@gmail.com

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